

Local snowmobile Assoc. largest in Ontario

MINDEN — The Haliburton County Snowmobile Association has invited potential business people to join their club. In a letter from HCSA president, Jim Solway, it outlines the many functions of the organization and services it offers the County of Haliburton. It states the HCSA is the largest snowmobile club in Ontario and lists various reasons why business people of the county should join.

Firstly the letter says the club raised some \$40,000.00

last year, which is phenomenal for a non-profit organization which went to trail development and maintenance. Secondly, over the

past few years over 50,000 trail maps have been distributed.

The HCSA is also a service club training young and

old to snowmobile safely, it grooms and marks the Whipper Watson snowrama trails, grooms cross country ski trails and packs chil-

drens winter play areas and also participates in the Haliburton and Minden winter carnivals.

The annual fee to join the

HCSA is \$25 plus \$2 for each snowmobile. If you are in the accommodation industry it will cost a \$1 more for each "day pass" issued. This year all lodge owners will be approached regarding membership. All club trails are open to members and their guests and it is therefore necessary for lodge owners to issue the new passes provided by HCSA.

For your \$25 membership fee, embossed certificates for your wall will be issued, acknowledgment in the HCSA bulletins and a decal for your door plus the dollars spent by the snowmobilers who are fast recognizing Haliburton County as the premier snowmobile facility in Ontario. In addition, you may wish to become a map or T-shirt distributor which in itself should pay your yearly membership.

Chamber may drop COTA

HALIBURTON — The Haliburton County Chamber of Commerce passed a motion at their meeting held Thursday evening at Elephant Lake Lodge, to drop out of the Central Ontario Tourist Association (COTA) unless the make-up can be brought back to the six member tourist councils as it was originally constituted and that membership dues remain the same as in 1977.

The reason for the motion was that COTA has suggested raising the yearly membership fees from the \$2,750 of 1977 to \$4,000 in 1978 and also raise the advertising benefits from \$4,500 to \$5,000. Which means it will cost members of COTA \$1,250 more but they will only receive \$500 extra in advertising benefits.

In past years there were six member tourist councils constituting the Board of Directors in COTA. Now it appears there will be only two for 1978, Haliburton and Hastings. Others have gone out of business entirely or just don't have the money to continue.

The motion to drop out of COTA has been forwarded to the head office in Peterborough and the Chamber here will base their final decision on the answer received.

\$4,100 in three collisions

The Minden detachment of the OPP reported the following activity for the period of November 28 to Dec. 4, 1977.

During this period the staff investigated seven reportable and eight non reportable collisions and 38 general disturbances.

There were three breakdowns investigated, three persons charged with liquor violations, two persons charged with impaired driving and one person charged in a narcotic act violation.

Three people were charged in a one car accident on Hwy. 121 at the Western Tire Store in Haliburton.

Judith A. Emmerson of RR 2, Haliburton was charged by Constable Ron Buchanan, with driving while



Medallion presented to Rotary Club of India

MINDEN — It was Ladies Night at the Minden Rotary Club on Monday evening and as an added feature of this special night, a presentation was made to the club. Ivonne Beaucage, (centre, above photo), presented President Dr. Len Burch, (left) with a beautiful handmade medallion with the words 'Vellore North, Rotary, India' in beads. Mrs. Beaucage is a Canadian Ojibwai Indian and an expert in Indian crafts. She also made the medallion that Dr. Burch is wearing. This one, presented to Dick Schell (right) while he was president of the Minden club last year. The new medallion will be presented to the Vellore North Rotary Club which is the twin club of both Haliburton and Minden, in India. Last Thursday evening, the secretary of Vellore North Rotary, Natari Parthasarathy flew to Haliburton from Lima, Peru where he had been attending a convention. Unfortunately he was only able to stay the one day. Some members of District 701 will be visiting Vellore North in January 1978 for their annual Rotary Convention.

disqualified when the car she was driving westbound on Hwy. 121 lost control and struck the wall and window of Western Tire. Damage to the vehicle was \$500 and to the store, \$2,000.

Also charged in the mishap was John Walt Wayne

Emmerson of RR 2, Haliburton with obstructing a police officer and Leona Espie 21, of Haliburton with failing to wear a seat belt.

David M. Schellenburg 27 of R.R. 2, Haliburton was charged with failing to yield on Thursday afternoon

Schellenburg, southbound on Hwy. 519 from a driveway, when he collided with a car driven by Clayton Barnum 69 of R.R. 6, Cobourg. Damage to the two vehicles totalled \$1400. Investigation by Constable Mike Legge.

Also on Thursday, Ran-

Lake levels worry most

MINDEN — In a recent survey mailed to 12 Haliburton Highlands Cottagers Associations to see how they were affected by the low water levels this past summer, some 200 responded. Of the 200 who answered the questionnaire, the majority said they were affected by the low water and 75% said they had to modify their existing facilities.

This particular survey is not over yet as returns are still coming in from the enthusiastic cottagers ready and willing to voice their opinions on this matter. Of the ones received, almost all said they were forced to build new docks and had to add to existing water lines. More than half related varying degrees of damage to boats and motors. The majority were quite verbal in their replies and tended to provide far more explanations than had been requested. One got the impression that they were extremely frustrated with this particular problem and were very anxious to voice their problems to anyone who would listen.

Over all, the survey showed that there is a large group of people both in business and on holidays who are being subjected to considerable expense and inconvenience due to a real lack of consideration. It is apparent that cottagers are using their cottages for longer periods of time than in the past, and that the businesses in Haliburton rely on this a great deal.

Therefore in this tourist oriented area, we cannot afford to have this trend discouraged. If the past year's problems were to be repeated one more year it may be too late to attempt to measure any further economic impact.

dolph White was charged with impaired driving while proceeding east on Hwy 121 near County Rd. 2 as he entered the east ditch and struck a mailbox. Damage to the 1974 car was estimated at \$200. Investigation by Constable Al Rollins.

Ex-MPP and wife charged with fraud

TORONTO — A former MPP and his wife have been charged with six counts of defrauding the Ontario government of \$1 million and one charge of conspiracy to defraud.

John Brown, who was New Democratic MPP for Beaches-Woodbine from 1967 to 1971 and his wife Deborah are principals of Browndale, an organization which cares for emotionally disturbed children.

Also charged are Earl Stanley Heiber of Pinnacle Crescent, North York, identified as the president of Browndale (Ontario), and Eric Dudley Percival of Lake Park, Florida, former comptroller of Browndale.

All four were charged after a year-long investigation by Ontario police.

Browndale's records and those of its parent company Brown Camps, Residential and Day Schools, were seized a year ago. At the time an OPP spokesman said the investigation concerned possible 'misappropriation of funds'.

The non-profit organization will receive about \$8 million this year from the provincial government to care for about 300 children.

The organization has been the target of Liberal questioning in the Legislature since 1974, when then Liberal Leader Robert Nixon asked for details of the government's financial dealings with it.

The province audited Browndale's finances in June 1976, but never made results public. At about the same time Attorney General Roy McMurtry ordered an OPP investigation when a former Browndale employee alleged there was financial mismanagement.

John Brown founded the Browndale group and his wife has been the executive director of Browndale.

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November Weather

	F	C
Aver. High	42.8	6
Aver. Low	28.7	-2
Aver. for month	35.7	2
Aver. for Nov. 76	28.2	-2
Hi temp. Nov. 1	70	21
Low temp. Nov. 27	-11	-24
Snowfall	13"	
Rainfall	4.1"	
Precipitation	5.4"	
Precip. of Nov. 76	2.4"	
Snow, Nov. 30	8"	
Snow last Nov. 30	3"	

November weather was about average in temperature but much above average in precipitation making it a very dull damp month. The low of 11 below on Nov. 27 was a record for such an early date.

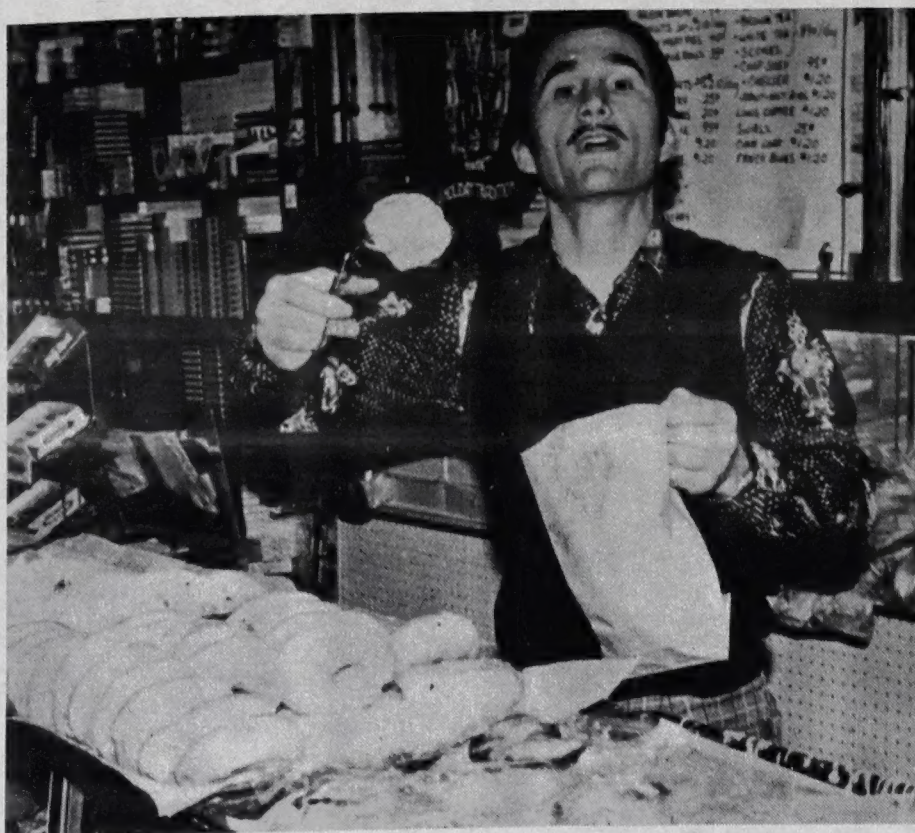
Baby bonus, pension hike

OTTAWA (CP-Special) — Old-age pensions will go up \$3.01 and baby bonuses \$1.79 January.

The increases, announced yesterday by the federal welfare department, will put the basic old-age pension at \$153.44 monthly and the baby bonus at \$25.68.

The pension hike is the 14th since they were pegged to increases in the cost of living.

The new monthly total for single people receiving both the pension and the maximum guaranteed income supplement for the needy will be \$261.06.



MINDEN — Mike Vuksic above, owner of Mike's Milk store, proudly displays some delicious bake goods he sells from the 'Goodie Shop Bakery,' in Wilberforce.



HALIBURTON — Above is the new location of Mike's Milk in Haliburton. Completion date of the new Haliburton Mini Mall being built by Mike Vuksic is early January. The building will not only sport an 1800 square foot Mike's Milk store but also four other businesses, two of which are an eye specialist and chiropractor.

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? Ask Alma

Dear Alma, I've been married for five months. Now I discover that my husband feels that it is his role to make all the important decisions. What can I do to convince him that marriage should be a 50-50 proposition? — T.J.

Dear T.J., If you had written to me about this problem before you were married, I would have cautioned you to look before you leaped. Now that you have already taken the jump, I suggest you remind your Neanderthal husband that this is 1977. Furthermore, convince him that your difference of opinion must be resolved with a solution you can both live with. If a real effort on your part doesn't result in understanding, take the problem to a trained neutral third party like a pastor or a marriage counselor.

Dear Alma, Why don't parents trust their kids? If they trusted us more, we'd be more trustworthy. — Carolyn

Dear Carolyn, Trust is not negotiable; it has to be earned and not demanded. In your thinking, you're putting the cart before the horse. It's hard to get anywhere that way.

Dear Alma, A woman sitting two tables away from us at a lovely restaurant was wearing an unbelievable low cut dress, leaving nothing to the imagination. I suggested to my husband that he put on his glasses. He said, "I never wear glasses when I eat" — but he did when I told him there was really something to see. Alma, his glasses remained on his nose throughout dinner.

I wanted him to see the sights, remove his glasses and get back to dinner and me...but he kept staring all evening.

Although I enjoyed his entertaining commentary, I was miffed. Next time I will hesitate to call a distraction like this to his attention. — A.S.

Dear A.S., You are blessed with a normal husband who has a good sense of humor. Relax! Enjoy his comments...Laugh together — and let him stare away. If "next time" bothers you, wear a low cut dress yourself. Fog up his glasses — and keep his near-sighted attention on you!

HAVE A PROBLEM at home or at work? Write to ASK ALMA, c/o this newspaper, and watch for the answer.

In the News



RUNNING a different pattern is former N.Y. Knick basketball star Bill Bradley. Bradley, a former Princeton hero and Rhodes Scholar, recently announced he will seek the Democratic nomination to the U.S. Senate from New Jersey.

Canadian Comment

BY PETER WARD

OTTAWA — (SF) — The television two-step has come very much into fashion here in the capital, as members of Parliament struggle to adjust to the presence of television cameras looking them straight in the eye while they debate.

Tory George Hees is in danger of being moved from his seat immediately behind Conservative Leader Joe Clark, because Hees has trouble with his eyes and finds he must wear sun glasses to fight the glare of the new lighting system. George in sunglasses looks very much like the Godfather, and he's included in every television shot of Joe Clark. TV cosmetics dictate that he'll have to be moved.

Such things as the mass movement of members have also become common on the Conservative side of the house. There are seldom many members actually in the chamber when debates are taking place, hence the Tories have taken to shifting the bulk of those members in the house so they are sitting around the member speaking. TV cameras thus show a phalanx of faces around the speaking member, but the same faces keep re-appearing around each speaker.

The Liberals have taken that ploy one step further. They've decided that it's better not to have other members around the person speaking, because empty seats force TV camera to zoom in to take a close-up of the one who has the floor, thus projecting him better over TV. The Tories, with their moving background crowd, get more medium shots, detracting from the impact of the individual who happens to be speaking.

So far no member has been caught out applying special make-up for the cameras, but believe me, the members of the press gallery are watching for it. TV in the Commons has effected the way journalists cover Parliament, too. During the debate on the Speech from the Throne, Prime Minister Trudeau did everything he could to steal the limelight from the opposition leaders with his announcements. He even ran overtime in his speech, cutting New Democratic Party Leader Ed Broadbent off from much of the nationally televised time allotted.

The result showed up in the newspapers in stories on the front page featuring Trudeau announcements, while the opposition found itself back with the want ads. Viewers who saw both Clark and Trudeau speaking on television called several newspapers complaining about the news judgment of editors who made PM look so good in print, when he was lousy over the TV.

Both parties have taken some steps to advise their members how to make the most out of TV, but in the early stages, many didn't pay much attention. A memo went around to all cabinet ministers about TV manner, but only two or three paid any attention. After the first week or so, with the results of televised Parliament so obviously disastrous for the government, more ministers started paying attention.

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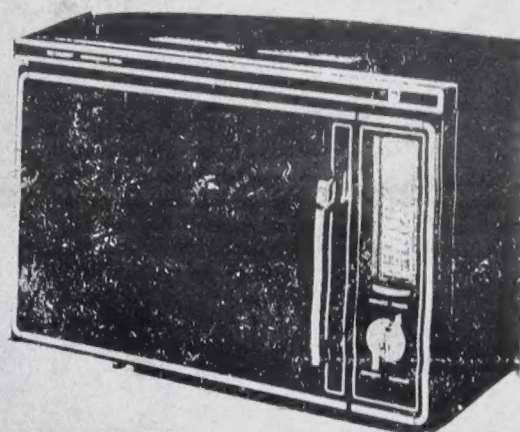
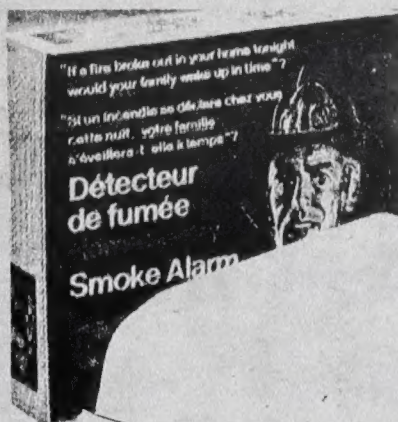
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HALIBURTON — PineStone Inn and Country Club was the setting for this year's Minden Hydro Christmas Dinner and Dance. More than 300 employees and friends

turned out for one of the best ever Christmas parties. The Hydro employees danced to the music of Dave Bulmer of Lindsay and then enjoyed just a great buffet.

Christmas Gifts FOR MOM AND DAD



MICROWAVE OVEN by

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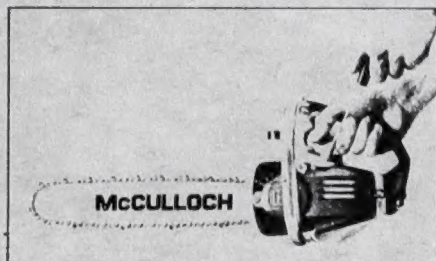
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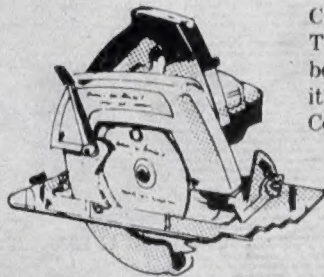
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Stanhope party a success

Organizers of the annual Stanhope Township Christmas party should certainly be congratulated this year for a job well done. Nearly 100 people sat down to a full course roast beef dinner which followed a friendly social hour.

This occasion was another first for Stanhope Township as the party was held within its own boundaries in the now completed fire hall on the North Shore Road. Members of Council, Township employees, committee members and firemen ac-

companied by their wives were present for the party and following dinner, Reeve of Stanhope Sinc Nesbitt gave a brief speech followed by other council members as well as people from the floor.

At the conclusion of the dinner hour, tables were cleared for an evening of dancing to the music of Murray and Shirley Davis from Horseshoe Lake.

A vote of thanks should also be extended to the ladies of the Maple Lake United Church who catered for

Gun control law January 1

First steps in Ontario's participation in the nationwide gun control law which take effect Jan. 1, were taken recently with the announcement that the director of the Ontario Provincial Police has been named Chief Provincial Firearms officer.

The announcement by the Honourable John MacBeth, Q.C., Solicitor General of Ontario noted the step as

the occasion. They were: Winnie Fader, Ev Stata, Eileen Berry, Gerie Upton, Ethel Upton, Maggie Cook and Cathaline Owen.

the province's initial sharing in the joint program by federal and provincial governments.

The federal law provides that anyone obtaining firearms, new or used, after June 1, 1978 will be required to obtain a \$10 acquisition certificate.

Under the Chief Provincial Firearms officer, certificate issuing officers will be responsible for applying the federal law requirement affecting individual Ontario gun owners. The new certificates will be valid for any number of purchases or acquisitions over a five year period.

The Solicitor General said that "it is not a gun registration system, except for hand guns and other restricted weapons. The purpose of the certificate program is to help potentially dangerous people from obtaining guns."

Wintario

Nov. 24/77	Fergus, Ont.
Series	Number
43	15902
12	27176
45	91257
22	74948
68	83116

"Round About"

MINDEN — The 2nd annual Minden OMHA Bantam hockey tournament gets underway at the Community Centre at 8 a.m. with the Minden Jadek Sport Bantams tangling with Bobcaygeon. At 9 a.m. its Haliburton and Woodville; 10 a.m. Omemee and Port Carling and at 11 a.m. its Leaside and Uxbridge. For a day that should provide some excellent bantam hockey action make a date to drop around to the centre and cheer your favorite team on to victory.

KINMOUNT — In last week's Highlands Express a story was printed about the death of a man found shot and burned in his car on the Highland Junction Rd. near Kinmount. The man was identified in the Express as William Po-wan Yuen 45, of Jasper Ave., Toronto. Mr. Yeun was one of three Toronto hunters who found the body and called police. The true identity of the dead man is Josef Teufel 45, of Oakville. The error was a clerical one at the Minden OPP detachment and wasn't discovered in time to correct it before The Express went to press.

MINDEN — Sometime Sunday, Dec. 4, thieves forced their way into the Rockcliffe Hotel in Minden and carried out a Sentry safe weighing some 150 pounds. They gained entry through a dining room door, picked up the safe and walked away with contents valued in excess of \$500. Investigation of the theft is being carried out by Constable Mike Mahar of the Minden OPP.

CARNARVON — The date and time of the Ladies Daytime Bowling tournament, Zone Finals has now been set. The tournament, sponsored by Marvel Ad Displays and run by the BPAO will be rolled at Lakeview Lanes in Peterborough at 3:30 p.m. Representing Carnarvon Lanes in the tournament are Joan Hatoski, Jean Carr, Audrey Fountain, Susan Beers and Shirley Howe.

BALLET LESSONS REGISTRATION — Due to problems in obtaining an adequate place at reasonable cost, registration for the ballet lessons will be postponed till Saturday, January 7th, (1 to 3 p.m.) at the Stedman Store, Main Street, Minden. Details will be on posters and sent home with school children in December.

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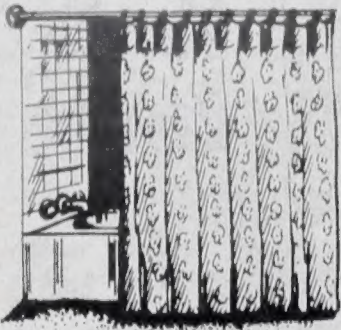
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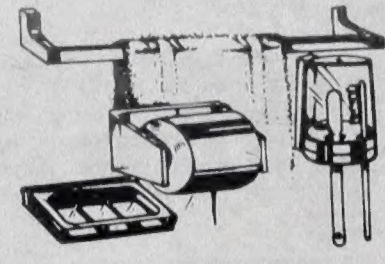
We carry . . .



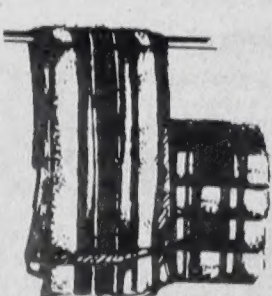
SHOWER CURTAINS
AND ACCESSORIES



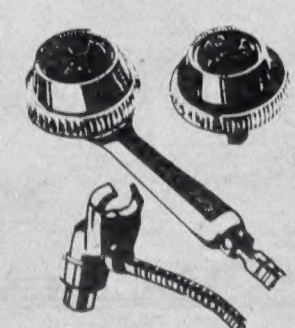
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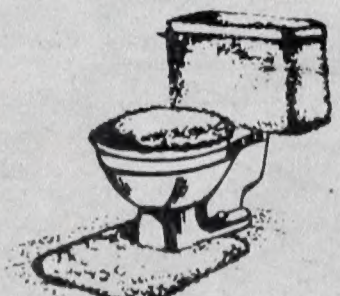
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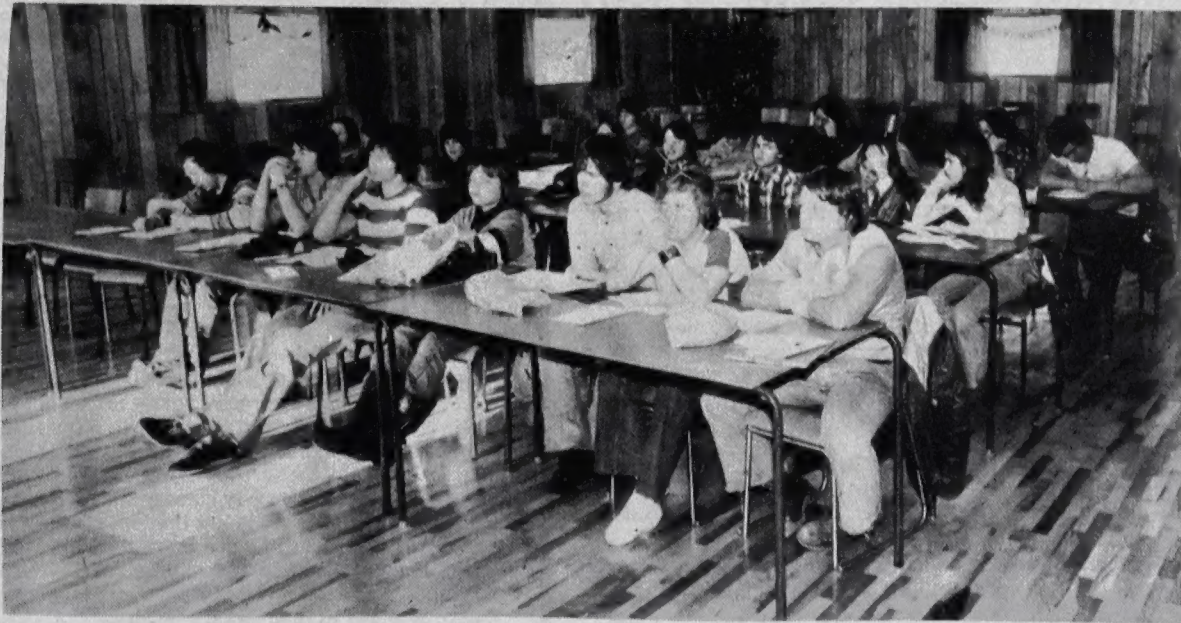
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STANHOPE — These 21 eager young snowmobilers spent their past Sunday in the Stanhope Fire Hall, taking a snowmobile drivers license course. All 21 passed with

flying colours according to head instructor Bob Patton. The next course will be held on January 25, commencing at 9 a.m. at the Fire Hall located on the North Shore Rd.



Family Physician

BY DR. JAMES G. PRICE

Q. It seems as though a lot of people have to go to the laboratory to have their serum potassium checked. Why do they have to do this and what are the symptoms of its not being high enough?

A. You're right in that this particular test is now done much more frequently than before, and the reason is that most of the drugs used for high blood pressure or as diuretics, cause the body to lose potassium as excess water is lost. Potassium is one of the many mineral elements found in the blood with some others being sodium, copper, magnesium, etc. Each of these plays a specific role in proper function of the body cells, and the first sign of potassium deficiency is usually undue fatigue. So in order to counteract the effects of one medicine, another is frequently used.

Of particular importance to many people with heart trouble is the fact that proper levels of potassium are needed to get the effect of digitalis — a frequently prescribed medicine. And it is the person with a common kind of heart problem who also needs the diuretics, which can cause a low potassium level.

Most potassium preparations don't taste very good and this makes it an easy medicine to forget to take. It does come in tasteless pill form, but this can be fairly expensive as well as requiring the person to take an additional 6 or 8 pills a day. Certain foods such as bananas and oranges contain good quantities of potassium and eating them can reduce the amount of it as a medicine which is required. To be sure just where you stand, your doctor may ask that this test be done.

Q. If you have ringing of the ears and frequent headaches, does it mean that you have high blood pressure?

A. These symptoms could mean that your blood pressure is high, but the only way to be sure is to have it taken. Unfortunately, it is very common for a person to have elevated blood pressure and have no symptoms at all. This undiagnosed blood pressure nevertheless slowly injures arteries, especially in the brain and heart. So you can see why it is so important for everyone to have a blood pressure check a couple of times a year. It's been estimated that there are at least 20 million Americans who have high blood pressure and don't know it — and these are the people who are most likely to have the unexpected stroke or heart attack. We do have good treatment for this disease and it would be possible to add many good years to the lives of a lot of people if they would just have their blood pressure checked, and if elevated, follow their doctors' directions to bring it down.

I've written a newsletter on the most common conditions of the colon. Readers who wish to receive it can do so by sending 50 cents to YOUR FAMILY PHYSICIAN, P.O. Box 489, Radio City Station, New York, N.Y. 10009. Be sure to specify Colon and include a long, self-addressed envelope.



STANHOPE — The above three men, all members of the Haliburton County Snowmobile Association held a snowmobile license course at the Stanhope Fire Hall on Sunday for 21 eager young snowmobilers. All 21 graduated from the course. Above, left to right, Roy Bates, Bob Jannings and Bob Patton instructors.

Provincial Draw

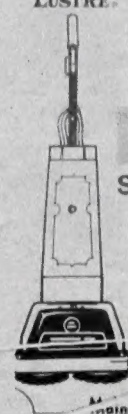
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Sport's



HALIBURTON — Ajax 'AA' Bantams (in the dark uniforms) were much too strong for the other seven teams in the Hodgson Memorial Bantam hockey tournament held in Haliburton on Saturday as they breezed through the above Bracebridge squad 11-0, then downed Brampton 5-2 in the semi-finals and went on to take the championship 6-1 over Jadek Sports, Minden.

Brian Shaw nets 7 goals in Midget win over Caygeon

BOBCAYGEON — Brian Shaw erupted for seven big goals on Tuesday evening in Bobcaygeon and his Walker Lumber midgets went on to defeat the Ti-Cats 10-5. Bobcaygeon opened the scoring with just over three minutes left in the first period on a goal by Steve Lato. Minden got that one back with just 11 seconds left in the period when Shaw picked up the puck at his own blue line, beat his check at centre, then split the defence and walked in alone to score. The Ti-Cats came back again to take the lead at 4:13, an unassisted goal by Kevin Byrne. Shaw scored his second of the night 36 seconds later and Walkers Midgets were off to the rout. David Shapiera upped the count to 3-2, then Shaw potted a pair to make it 5-2. Caygeon's Paul Taylor made it 5-3, Minden's Garry Harrison and Jim Hatoski upped the count to 7-3, Chris Robertson made it 7-4, Shaw then scored three to up the count to 10-4. Taylor rounded out the score to 1-5 with his second of the evening for Bobcaygeon. The penalties were even at eight apiece. Stars of the

Minden hockey round-up

MINDEN — There was plenty of action in Minden Minor Hockey over the past week.

First a look at the Jadek Sport bantams. On Saturday they travelled to Haliburton and took part in the 5th annual Hodgson Memorial Bantam Hockey tournament. In their first game, Jadek dumped Peterborough 4-1. Scott Arbuthnot scored twice and received the most valuable player award in the game. Ron Yake also tallied twice. Kent Ferguson replied for Peterboro. In their second game, Minden completely dominated a Markham team, winning 7-1. Greg Austin led the Jadek attack with two goals while singles went to Ron Yake, Ivan Ingram, Shawn Chapman, Kevin Shapiera and Brent Moxam. Steve Robertson scored for Markham. The Championship game against a double A squad from Ajax, proved just too much for our boys as they were dumped 6-1. Norm LeBrun led Ajax with four goals, while singles went to Rob Latchford and Dan Cassidy. Ronnie Yake scored to avoid the shutout for Minden.

Consolation winners were Bancroft with a 5-1 victory over Haliburton. Haliburton made the consolation final by first losing to Markham 4-0 and then edging Peterboro 3-1. Tony Scheffee scored two of Haliburton goals.

The Mike's Milk atoms travelled to Oakwood on the weekend and lost a heartbreaker in the consolation championship after two periods of overtime. The teams were tied 2-2 after regulation but Omeme was awarded the game on shots on goal in the overtime, 3-2. Minden got to the consolation game by first losing to Ops 6-0 and then bouncing back to dump Caledonia 3-1.

In Tri County action at the centre on Sunday, Beaverton blanked Minden 3-0, Haliburton edged Minden midgets 3-2 and Minden bantams won a squeaker over Fenelon Falls 2-1.

In the midget game, Leslie Booth had both goals for Minden while Greg Clarkson, Rick Choy and Carl Briscoe scored for Haliburton. Cam Monk and Paul Northey scored in the Fenelon victory.

game were Brian Shaw, Bailey Hamilton and Garry Harrison.

The Walker Midgets made it a clean sweep last week by downing Woodville 7-4 at the centre on Saturday evening. The midgets record is now four wins and a tie after

five games, and remain the only undefeated team in the league.

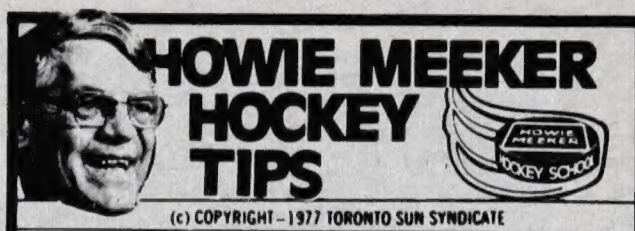
Brian Shaw and Charles Austen led the Minden attack on Saturday with two goals each while singles went to Tim Davies, Paul White and Garry Harrison.

Friend of ours in running for the school board — he's a messenger.

The fellow who changes his will constantly is a fresh fire fiend.

Minden's Vasey Real Estate Juveniles came up against a fired up Beaverton team on Friday evening at the centre and dropped a sloppily played game 7-2 to the defending all Ontario Midget 'D' champions.

The two teams had met the week before at the centre with Beaverton winning 5-1 in a game that featured a bench-clearing brawl in the third period. Tempers were still running high in this weeks contest as the referees handed out a total of 78 minutes in penalties including two fighting majors, a ten minute misconduct and two game misconducts.



I am convinced that Canadian coaches, parents and even kids have put so much importance on the glory of winning that the necessities of fundamental training have been shoved into the bleachers. Just watch many parents and coaches at minor league games and you'll see what I mean. Mom and Dad hollering for goals while their eight-year-old youngster tries desperately not to fall on his keester when carrying or shooting the puck. The poor little tyke isn't ready for a shot on goal yet. He's not near ready to take part in a passing play. He should still be out in a mad scramble with kids of his own size and ability scrimmaging for the puck and having a ball, unhindered by rules and whistles.

There is no better way to get the feel of those rigs on his feet and that piece of wood in his hands. He will get pushed, kicked, punched and maybe cut and he'll love every minute of it.

There is lots of time to teach a boy game tactics when he reaches his teens. But our priorities are topsyturvy and it's time we straightened them out. To me hockey is still the greatest game in the world. But it requires more skill, co-ordination and dedication than many young men are prepared to give.

It's no wonder a boy gets discouraged when he finds himself in a game that demands something he doesn't have — solid physical and mental preparation.

The whole country was on the brink of despair during the 1972 Canada Russia Series, but we managed to pull that one out of the fire. Since then, we have learned that the Swedes and Czechs on any given night can be as good as we are. Still, I don't think we have learned that big lesson. So far there has been little more than lip service paid to good basic training.

This series will take a boy only as far as skating, using the stick properly and thinking (knowing what to do with the body when he gets the puck). While this to me is the most important part of his training, it is still just the beginning. There's a wonderful game ahead.

We have no choice now but to turn back to the fundamentals of the game. After we do, there will be thousands of kids lined up for their crack at a trip to Moscow.

Vasey Juveniles Lose 7-2

The game itself was more or less settled in the first period when Beaverton got a 4-0 lead on their first six shots on Minden netminder, Holly Harrison.

David Brown ended the first period 4-1 when he cashed a fine pass from linemate Brian Shaw. Beaverton then scored three unanswered goals in the 3rd period to send the teams to the dressing room, Beaverton leading 7-1.

Beaverton spent most of the third period in the penalty box, but the most the Minden boys could do was score one more goal while holding the man advantage for ten minutes of the 15

minute period. Brown was the marksman again, scoring on a Brian Shaw rebound. Al Clement also drew an assist on the goal.

Jim Young led the Beaverton attack with two goals while singles went to Jim and Tom Farrell, Norm Sproston, Steve Bacon and Doug Richardson.

Minden plays two games this week away in Fenelon Falls on Dec. 5 and then back at the centre on Friday evening to play Little Britain. Minden's season record now stands at one win, four losses and one tie.



MINDEN — Beaverton invaded the centre in Minden on Friday evening for the second consecutive week and showed why they are 1976 All Ont. Juvenile 'D' champs by blasting the Minden Vasey Juveniles, 7-2.

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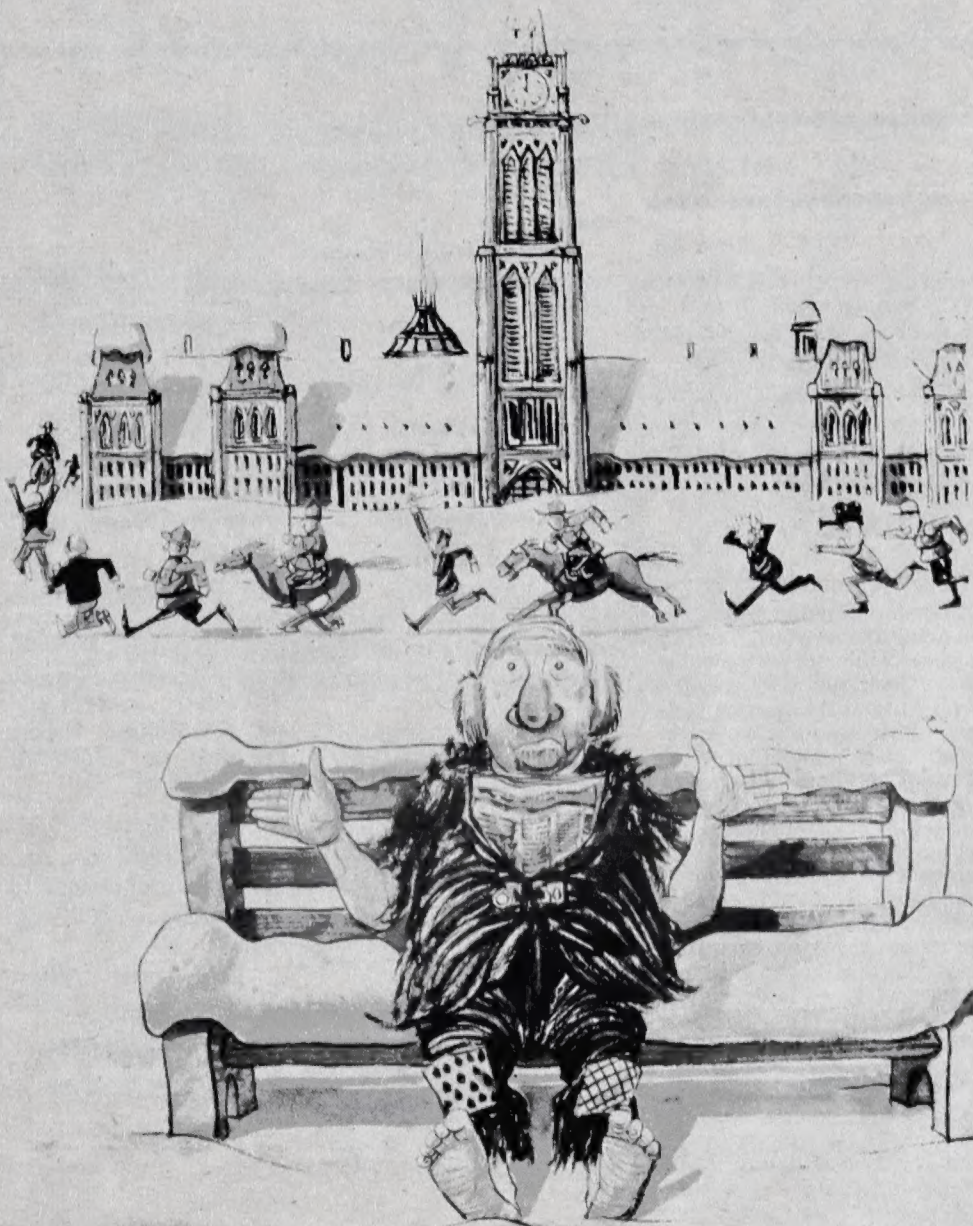


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DONATO
TORONTO SUN

Less pogeey, more welfare, critics claim

Tightening unemployment insurance regulations to reduce the money the government pays out will just send more people to provincial welfare rolls, opposition MPs charged yesterday.

The rules, effective Sunday, generally require people to work longer — 10 to 14 weeks compared to eight at present — before being eligible for unemployment benefits.

NDP Leader Ed Broadbent warned 226,000 people will be lopped off the UIC rolls at a time when unemployment is hovering about one million. He suggested the federal government compensate the provinces, especially on the Atlantic coast where unemployment soars above the national average.

But Employment Minister Bud Cullen said federal funds for make-work programs will fill the gap.

He also called Tory Jim McGrath "the honorable member for doom and gloom" for demanding new employment initiatives.

"We have enough to be gloomy about, God knows," said McGrath who represents St. John's East. The Atlantic provinces counted for almost one-half the new unemployment this year.

Meanwhile, Statistics Canada reported unemployment insurance benefits paid for the first nine months this year totalled \$2.986

billion, up from \$2.607 billion for the same period of 1976.

September figures were \$242 million, 21 per cent less than in August but a 12 per cent jump from September '76.

Much of the increase was pinned on a nine-per-cent hike in the average weekly benefit — now \$100.19 from \$92.04 a year ago.

Wires for the blind

Telegrams in braille (Braillegrams) can be sent via Western Union. This relatively new service costs about double the normal rate.

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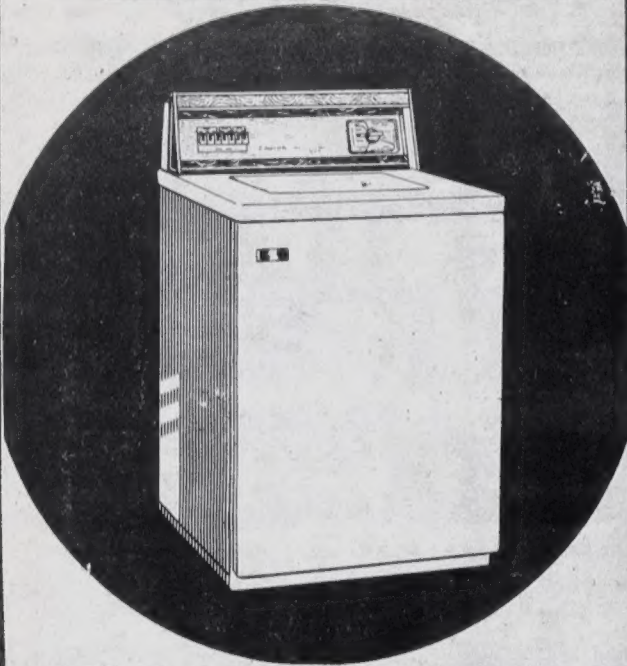


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I want you to think about pants for a moment. Do you realize the variety there are available to women these days? Harem pants, skinny jeans, trousers with pleats at the waist, pedal pushers — I could go on for days.

And think for another moment about the women you see in pants. I realize women of all sizes are wearing pants these days and I think that's wonderful. But have you actually seen that many really fat women in pants? Maybe so. I only know when I was 72 pounds overweight — 72 pounds, the weight of a child — I dreaded the idea of going out in pants.

You see, I could delude myself pretty well under a dress that I wasn't as huge as the numbers on the scale would have me. There was all that material billowing around me and if I couldn't face the idea that the reason there was so much material was because there was so much body underneath, well you understand how I felt.

The moment of truth would come when I'd decide to try on a pair of pants in a department store. Let's face it — pants are certainly more comfortable than dresses which require stockings and girdles and all manner of gear.

So I'd meander over to the sportswear department and start threading through the slacks. On the hanger, they didn't seem so huge. But once I got inside the dressing room, alone with those mirrors which seem to magnify any little defect anyway, I couldn't lie to myself any longer.

Do you know how it feels to pull on a pair of pants large enough to accommodate two skinny girls — one in each leg? Dreadful, mortifying — in short, enough to swear me off pants and send me to the nearest sweet counter for something to soothe my wounded ego.

That's what I used to do. Then, when I deprived myself of those 72 pounds and allowed myself the joy of wearing anything I darn well wanted, you couldn't get me out of a shop before I tried on dozens of pantsuits, jeans, hostess pajamas — just for the sheer joy of trying them. And buying when I especially liked how I looked.

Do you long to slip into a comfortable pair of old jeans? And look lovely? All it takes is the decision, my friend. Once you've made that, you're halfway there.

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OUR WEEKLY BREAD



As we are just beginning our religious column, I will present 'Our Weekly Bread' as a summary of spiritual doctrine simple and arranged so that you can come to a knowledge and maybe practice the principles of the Spiritual Life in your every day.

Thus we shall commence with the meaning of Religion: Religion is beliefs, attitudes and emotions of man's relationship or devotion with a God or Gods.

— PM

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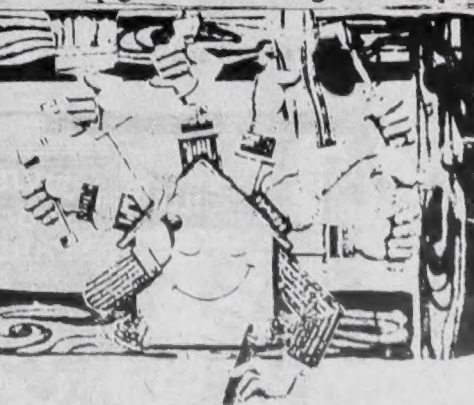
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Arrest in faked meter readings

Thirteen counts of theft have been laid against a man after several little old ladies complained they were ripped off by a man posing as a gas or hydro man.

While in the basement with the woman, the "service man" would suddenly "remember" something he forgot upstairs. He would then ransack the house and leave while his "customer" was still in the basement.

He stole more than \$1,300 worth of goods from women aged 73 to 97 in two years. Yesterday, a 78-year-old

woman became suspicious when a man posing as a hydro meter reader said her hydro bill was too high and he had to check the reading.

She arranged to have him return later, then called Ontario Hydro — then the police.

Charged is Harold Edward Van Koughnett, 37, of no fixed address. He is also charged with 16 counts of illegally entering a dwelling and of escaping from Stony Mountain penitentiary in Manitoba in 1971.

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